Raluca BĂDELIȚĂ, Psychology teacher, school counsellor, Colegiul Național *Petru Rareș*Suceava

Between 14th and 19th March 2022 I had the opportunity to participate in the course for adults "Vers une autonomie et une diversite grandisante" in Dunkirk, at *Jean Bart* High School. It was a rich professional experience. I got to know and understand better the French education system, the role and prerogatives of the counsellor, but most of all, the practical part weighed in the most. I could work with French students in the workshop I gave, "Stress and its management", and I could attend lessons delivered by teachers from other countries (France, Italy) which aimed to foster autonomy. Some of these teaching methods (KAHUT Quiz, for example) I also applied later in my own classes.

Besides the professional gain, I met warm people, willing to share in multicultural experiences. I spent some wonderful days enjoying learning, landscapes and people.





Georgeta COLĂCEL, English teacher, Colegiul Național Petru Rareș Suceava

Sulmona, Italy...the hometown of the famous Roman poet Ovid. I will never forget the amazing week I spent here as it benefited both my personal and professional development. Not only did I form hopefully lasting friendships with its welcoming people, but I also had the opportunity to improve my teaching skills by attending the course *Prove Your English – TKT CLIL*. What made the experience even more rewarding was receiving the certificates of attendance from the mayor himself.

Perhaps the best thing I have learnt on this course is how to scaffold a text in order to make it accessible to the students. All the scaffolding types and the various ways of adapting material proved to be very helpful when teaching both language and content in English and History lessons.

Being in a place with so much history, a place so much missed by Ovid while in exile in what was to become our country, knowing that we share the same statue of the poet, made me feel that we really live in a small world and that we are all connected to each other, without even realizing it. I will always remember Ovid's words "Sulmo mihi patria est" ("Sulmona is my birthplace"), in short SMPE, a real buzzword for Sulmona.





Mariana DRUMEA, Biology teacher, Colegiul Național Petru Rareș Suceava

I participated in the ACIDE training mobility for teachers held in Sulmona, Italy, from 28th November to 2nd December 2021. The centerpiece of the mobility was *Prove your English* - *TKT CLIL* training course given by Ms Megane Walker, London School, Schio. The course was insightful for understanding the concept of teaching in a foreign language (CLIL = Content and Language Integrated Learning), for benchmark setting, designing and delivering lessons/activities in a foreign language as well as for coming to terms with the advantages of this approach. The recommended methods come in handy in classwork.

The other highlights of the week - getting to know the rich history of the city of Ovid, his legacy in Romania, visiting the landmarks of the region, meeting the mayor, attending an opera performance at the Opera House of Sulmona, meeting the Romanian community of Sulmona – they all complete a beautiful, motivating and formative experience.





Cristina-Maria LUCACI, French teacher, Colegiul Național Petru Rareș Suceava

During the training mobility for teachers that took place in Sulmona, Italy, from 28th of November to 2nd December 2021, we had the opportunity to participate in an informative **TKT** (**Teaching Knowledge Test**) and **CLIL** (Content and Language Integrated Learning) course.

Using CLIL methodology, teachers can introduce situations where subjects or parts of subjects are taught through a foreign language with dual focus aims – the learning of content and the simultaneous learning of a foreign language. It aims to improve the educational system, allowing students to achieve the appropriate level of academic performance, equally enhancing proficiency in both mother tongue and target language. We worked on different topics like consolidating learning and differentiation and discovered that the focus of assessment can be on either content or language or on both content and language.

For me it was a fantastic experience because I can very easily apply the knowledge and the techniques acquired during this training in my own French classes. This enables me to teach a foreign language using texts and resources from many other different subjects, proving once again that CLIL methodology can be very useful.

It was also a historical and cultural experience because we had the chance to discover the magnificent city of Sulmona and its surroundings. In the culinary department, we sampled local foods and beverages while eating at a local restaurant. The cultural touch was added by the outstanding performance of the Choir of Parma and the Orchestra of Terre Verdiane in the opera of Gioacchino Rossini, "Il Barbiere di Siviglia".





Cristian SĂLĂGEAN, English teacher, Colegiul Național Petru Rareș Suceava

Besides having the opportunity to enjoy the lovely Italian atmosphere of Sulmona city, I also attended a professional training course in English called "Prove your English" with a native speaker. During several days, the classes were perfectly conducted by Megane Walker from The London School (Schio), who always required our full cooperation, working mainly in international groups. As all the participants had a good command of English, the course really made me feel like I was in a British school. Even though it was not probably the main goal of the course, it definitely helped everybody become more fluent in English, as well as to start thinking in a foreign language and to properly pronounce the words with an original accent.

As a teacher of English in a bilingual school with upper intermediate and advanced students of English, many of them preparing for the CAE/IELTS exams, I feel the need to brush up my English every now and then, to learn new things I can then share with my pupils. I also feel the need to refresh the methods I use in teaching and learn new and more efficient ways of teaching. This course on CLIL exams definitely catered for all my needs as it focused on language development and the implementation of new approaches to language teaching.





Crina-Gabriela STROE, English teacher, Colegiul Național Petru Rareș Suceava

In November 2021 I attended the training course "Prove your English" in Sulmona, Italy. Sharing experiences and backgrounds, planning a CLIL lesson, exploring ways of using and adapting materials for CLIL, exploring different techniques for recording and analysing data, differentiating tasks to suit learners' needs were just some of the objectives of the course. The trainer, Ms. Megane Walker, was very eager to help and answer questions and she also mixed in real-life examples and additional discussion items to make the course more interactive and fun.

During our stay in Sulmona we had some project activity meetings, training for teachers and some great trips with our partners from Italy and France.

I found this course so helpful and inspiring and I learned a lot of useful tips that I can use with my students in class.

