

The Art of Food "Petru Rares" National College Suceava Romania Day 1

Inquiry line: After watching the short video that synthesizes yesterday's experience, answer the following questions: 1 Which idea expressed during yesterday's activities resonates with you the most? 2 If you had the power to find solutions to the problems that have been discussed, in order to make people's choices of lifestyle more environmentally friendly, what would you do?

FOMIN_ANA OCT 11, 2022 05:39AM

Ciot Sofia

1. I think that the thing that really caught my attention was the idea that the food that we consume affects other people around the world. After yesterday's workshop I will try to be more attentive with my diet, so that I don't waste so much food.
2. I believe that one of the biggest problems are the cars that pollute very much. Therefore I think that we should find a way to encourage people to use more bicycles or electric cars. For example to give them coupons when they change their old car into a new electric one.

Laia Mataro

1. The main idea that really stuck with me was when we talked about how people buy more than what they actually consume.
2. If I had the power to change anything what the people do I think I will teach young people about nutrition, diets, healthy lifestyle... because in a future we will have a better global life

Mar Segalà Romero

1. Something that really impressed me is that there are a lot of things that we don't know and affect our environment and lifestyle.
2. I had the opportunity and the power I would change the diet plans that we have and plan them more for don't waste the quantity of food that we waste.

Popovici Andreia

1. The idea that resonates with me the most in the first workshop is how much responsibility we have when we eat. We have to consider the waste and the impact it has on our body and health.
2. I would inform more people about recycling, teach them to be more careful about the waste they make and to buy food that has eco-friendly packaging.

Iustina Bejinariu

1. I think that one strong idea which resonates with me the most is the cultural food diversity, which is part of our identity and reflects our traditions and lifestyle.
2. I would make sure that the food packaging will become bio-degradable, in order to avoid the environment pollution and I will also try to encourage people to wear more clothes made of recycled materials.

Beilic Alex

1. My point of view is that the idea which resonated with me the most was the importance of using eco friendly packaging to help maintaining a variety of ecosystems like the ocean. At this moment, the water in the oceans are filled with many plastic wrappings that are not bio-degradable. These methods of pollution have a great impact on the habitats and on the food that we eat.
2. If I could help the environment, I would repair anything in my house instead of throwing and I would use an electric car to not pollute so much. Another measure that I would take is that of using green power with the help of the solar panels.

Andrada Pislaru

Yesterday morning after I met the foreign students, we gathered in the school auditorium to start the fun activities from this week! First of all, we presented our schools and then we were divided into 4 groups to work on a project about the impact that food has upon the environment. What stuck to me the most was the moment when I realized how much our identities influence our eating habits and daily lives. Second of all, if I had the power to make a significant change, I would try to educate people about the waste that we produce and then encourage them to be more eco friendly.

Daria Condurache

I think that what struck me the most was how much of a bad impact we have on our planet, and we do not even realize it. I

took the 100 points test and I was shocked to see how high my score was, so in the future I will definitely pay more attention to this matter. There are so many practices that we have in our daily routine that could easily be switched with more climate friendly ones, leading to a better world overall.

Regarding the second question, I would definitely take action if I had the power to. From my point of view, the best way to approach the matter would be to address it to the younger population, since they are the future of the world. And how else we could do that, other than through social media. Social media plays a huge role in youngster's lives, so advertising ways and creating contests to encourage eco-friendly behavior would have the best results. Also, giving small rewards to the ones that do comply to a green behavior can have a positive impact on the way people respond to this matter.

Meritxell Pica Valles

1. What really impressed me was the different way that we expressed our opinions depending on our region. This showed me that we can learn so many things around the world.

2. Personally, I would change the way that people are used to planning their diets, starting with being more careful with the origins of the items that we buy.

Anisia Butnaru

Yesterday was an amazing day, where we got to learn a lot about the food industry.

1. I was amazed by the subjects that we talked about. I got to learn that what we eat can affect our future and also the environment. The idea of having an unhealthy life and a polluted environment motivated me to make better decisions in life.

2. If I had the power to find solutions for a better environment I would reduce the plastic use, recycling. Nowadays plastic is used more and more, leading to an increasingly polluted world.

Denisa

1. The idea that struck with me during yesterday's first activities was our ignorance about the food we eat. We usually don't care that much about how food is made or what is put in it. Not to mention, the process of making food and the waste.

2. If I had the power to change something I would encourage people to recycle and only buy the food they need. Many people buy more food than they eat and it results in waste.

Irena Bilius

1. In my opinion, the most relevant idea expressed during yesterday's activities is that we must take into consideration how the choices we make influence not only our lives, but also the entire population of the earth.

2. If I had the opportunity to make a change, I would encourage

citizens to recycle as much as they can so we all could live in a better, cleaner world.

Selma

1. The idea that we make decisions about what we eat, where we eat etc every day.

2. I think a good solution would be recycling and reducing food waste.

Mette

The thing that resonates with me the most was being able to experience a new culture and a different kind of school. The workshop was also interesting.

I would make everyone recycle more and give everyone a chance to get an education. I would also make the food production systems more sustainable and help people understand that they don't need to buy too much food.

Cezara Zaharia

1. I was struck by the responsibility we have when we are consuming a product. We have to think about the people who work so hard to produce it, the environmental impact and also what effect has the food on our bodies.

2. I would change the way people transport themselves and how they recycle by encouraging them financially.

Maria Gaitan

1. The idea that really stuck with me during the first workshop is that our identity is reflected in the food that we eat. Our lifestyle, personality, education, occupation is mirrored in our daily diet.

2. I think one of the most relevant solutions for my city would be upgrading the public transport services. Our train system is very old and the conditions are terrible. Moreover, the bus schedule is not well organized. Improving these aspects would promote using public transportation in Romania and in my city.

Andreica Tudor

1. I would like to talk about the impact of the food we consume on the environment, because if we consume too much food we can let others without it and we should start to be more responsible with our food.

2. One of the big problems is the pollution and I think that a way to reduce it is by making recycling contest and the winner will win a ticket at a concert or a festival.



Erasmus Programme

Day 1 film workshop 1

2:09 video

PADLET DRIVE

